

Mireille Drouin



Coach and mentor
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and Talent Management
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Taking the time to step back in order to move forward more effectively. That's the spirit in which I offer you a space for reflection—to help you refocus, align what truly matters, and take concrete actions that feel authentic and make a real difference.
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Biography

Leadership is deeply personal. It begins with a better understanding of your strengths, your communication style, and the energy you bring to your daily environment. It's also about setting meaningful goals, maintaining balance, acting with integrity—and, ultimately, leading by example. From there, you gain the ability to influence, mobilize, and inspire others toward the success of shared projects.

As a certified leadership coach, specialized in change management (Prosci) and the Myers-Briggs Personality Indicator (MBTI), I support leaders and professionals in transforming this self-awareness into concrete and lasting actions.

With 30 years of experience in the federal public service, including 10 years in senior leadership roles across finance, human resources, and information technology, I've had the opportunity to navigate complex environments and understand the realities of positions at all levels. This varied experience allows me to quickly grasp your challenges and provide guidance that is both relevant and practical.

Whether you are transitioning into a new role, facing organizational change, or at a critical moment in your career, I work with you to step back, take stock, and move forward with greater clarity and confidence.

My approach is both structured and human—helping you grow, adapt, and exercise your leadership in a way that is aligned, authentic, and impactful.